## Miriam Lord - Worksheet 1

Miriam Lord trained as a teacher, and was especially involved in the education of nursery school children. Her work was influenced by Margaret McMillan who worked on the Bradford School Board and aimed to get free school meals and milk into schools. Using the source, try answering the questions below:



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1. What is the purpose of the document?

MOTHERCRAFT

2. Using the source, fill in the table below with details about what every mum should know about the baby and what practical skills they should have:

A. Schior Course in Mothercraft, Minimum,			
	Introductory. Reasons for studying parenteraft. craft to health and happiness. Causes of reduction rate. Necessity for pre-natal care. Effects of Dependence of babies on those who care for them.	n in infant mortality	
	Practical—General home hygiene.		

Practical—(a) Clothing.

(b) Diet.

3. The normal baby. Its development and appearance at birth. We and average rate of growth. The mother's function in relation the risfant.

4. The care and handling of the young infant. Daily routine. Bathing and dressing. Training—regularity. Care of naptins. Care of but tocks.
Practical—Approach to child. Handling. Holding out. Clothing of the infant. Washing woollies and naptins.
5. Breast-feeding. Its importance and advantages. Nature of breast.

cuttes in ofeast-teeding, their prevention and removal. Maintens of breast-feed Preparation for breast-feed. Care of the nursing mod Nutritional Propagation for breast-feeding.

Nutritional Propagation for Detection Underfeeding. Test-weight Complementary framework. Test-feeding. Underfeeding. Test-weight Procified. Weighther baby

Knowledge	Practical Skills

Practical—Weighing baby. Test-feeding. How to feed by spoon
Artificial feeding. Its dangers, difficulties and disadvantages. Wh
is occasionally necessary. General principles.

Practical—Preparation of feeds. Care of bottles and teats.

3. How might the source be useful to historians?

4. Does the information on the source, differ to the advice given to expectant mother's today (you could use the Internet to see what advice is given out, or read relevant magazines)?

1943 - Miriam Lord of Bradford educationalist and community worker, Bradford community centre committee and Margaret McMillan memorial committee, mothercraft scheme, papers, 22D77/3/5/4/034, Bradford (GB 202)